

# SELF-EMPOWERMENT!

## RESPONSIBLE DECISION-MAKING STRATEGY

WHAT IS THE DECISION YOU ARE TRYING TO MAKE AND WHY IS IT IMPORTANT TO YOU AND/OR OTHERS?

POTENTIAL  OUTCOMES:

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WHO CAN HELP WITH DECISION?

CONFIDENTLY **ACCEPT** THE CHALLENGE IF THE POSITIVE "OUTWEIGHS" THE NEGATIVE  
CONFIDENTLY **AVOID** THE CHALLENGE IF THE NEGATIVE "OUTWEIGHS" THE POSITIVE