

**List Daily Actions that
will contribute to a
successful season**

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

List goals and desired
outcomes that signify
success this season

- 1)
- 2)
- 3)
- 4)
- 5)

**List Daily Actions that
may prevent a
successful season**

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

Signatures from Athletes and Coaches

EMPOWER
LEADERSHIP